

Come Join Us!

Mothers Without Mothers: <u>Free</u> Community Support with EarlyOn

Becoming a mother is a life-changing journey, and doing so without the guidance of your own mother can feel overwhelming. At Evergreen Hospice, we understand those unique challenges and we're here to help.

In collaboration with EarlyON Markham East!

Our *Mothers Without Mothers* program provides a safe, compassionate space for moms to connect, share, and find support.

Register Now



Event Details

When: Every 3rd Wednesday, starting

January 22, 2025, at 1:30 PM

Where: 40 Washington St, Markham, ON

L3P 2R5

Registration: info@evgcares.org





Practical Advice

Learn strategies to navigate daily parenting challenges.

Emotional Support

Connect with others who understand your journey.

Why Join?

Motherhood doesn't have to feel lonely. Build meaningful connections, gain valuable insights, and discover a community that truly cares.

Register Now

Make a Difference in Your Community

These events are possible because of the generosity of people like you. At Evergreen Hospice, only 30% of our budget comes from government sources, and we rely on the support of individuals, businesses, and organizations in our community to make up the difference

Your contributions allow us to provide compassionate care and essential programs for people of all ages in Thornhill, Markham, and Stouffville who are impacted by life-threatening illnesses. Together, we can continue to create a safe and supportive space for those who need it most.

Warm regards, The Evergreen Hospice Team

> Donate Today

Other Upcoming Programs



Online Men's Group

This weekly virtual group offers men to connect with others facing similar health challenges and support for those experiencing a lifethreatening illness.



Living Room

A weekly hybrid program offering in-person and virtual participation. The Living Room is a welcoming space for clients to connect and focus on well-being.



Online Women's Group

This weekly virtual group offers woman to connect with others facing similar health challenges and support for those experiencing a lifethreatening illness.

We Are Here for You







Care for Caregivers



Coping with Grief

Follow us to stay updated with the latest news and events from Evergreen Hospice!







Your feedback is always much appreciated. Please reply to this email if you have any comments, questions or concerns. Please forward this email to anyone you think might be interested.

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